

# ELECTIVE HOSPITALIZATION ADVANCE CARE PLAN

## General Information

**NAME**

**DATE OF BIRTH**

**REASON FOR  
HOSPITALIZATION**

**ATTENDING  
DOCTOR**

**PRIMARY CARE  
DOCTOR**

**TEL.**

**HEALTH CARE  
AGENT/PROXY**

**TEL.**

**ALT. HEALTH  
CARE PROXY**

**TEL.**

**LOCATION OF ADVANCED  
CARE DIRECTIVE**

### PART 1.

## Procedure Information

**1. Why am I having this procedure? Are there other options for treatment?**

**Procedure Information cont.**

**2. What are my fears about my current diagnosis/condition?**

**3. What is the best outcome of this procedure? Are there risks?**

**PART 2.**

# Personal Wishes

**1. What is most important to you? (check all that apply)**

Family/Friends

Religion

Independence

Not Being a Burden on Family

Hobbies

Pets

Other: \_\_\_\_\_

**2. What personal and religious/spiritual beliefs and values shape how you make choices about health care?**

## PART 3.

# Medical Wishes

## IN HOSPITAL

### 1. What is most important to you for quality of life (select one)?

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My main goal is to live as long as possible, no matter what.

Equally important / somewhere in between

My main goal is to focus on quality of life and being comfortable

### 2. Would you want to have CPR (chest compressions) and/or be put on a ventilator if your heart stopped beating while you were in the hospital?

Yes

No

2b. If you survive cardiac arrest but are left with severe disability (i.e. inability to walk or speak) would you want to continue aggressive treatment, or be placed on Comfort Care?

### 3. Do you have any strong feelings about what you would want if you knew you were dying (i.e. being at home, spiritual care or family nearby)?

## Medical Wishes cont.

### OUT OF HOSPITAL

**4. What arrangements, if any, have you made if you should you need full time care? (i.e. private nurse, caregiver, nursing home, long-term care insurance policy)**

**5. Are there any facilities/agencies that you DO NOT wish to use should you need extra help?**

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#### PART 4.

## Additional Information

**1. Is there anything else that my proxy needs to know?**